king's food bank

October to December 2026
Issue 58

Reaching out to the community in crisis situations

Harvest 2026

THANK YOU!

We are so very grateful to everyone who has helped us fill the shelves this Harvest Time.
Your generosity & thoughtfulness has been breathtaking!





This food will make such a difference to people in Kendal & the surrounding area who are struggling to put food on their tables.



Each Thank you that we get is a huge thank you to you too. We couldn't do it without you!
Together we make a difference.



STATS TO DATE:

Referrals: 1544

Meals Provided: 45,570

Starter Kitchens: 45

Kettle Packs: 163

URGENT NEEDS

- **Strong, Clean Carrier Bags**
- **Cup a Soup**
- **Muesli**
- **Tinned Soup**
- **Meat in Sauce**
- **Tinned Meat**
- **Tinned Veg**

Our address: King's Food Bank, Shakespeare Centre, Yard 76, Highgate, Kendal,LA9 4HE
Tel: 07534 609179 **Email:** kingsfoodbank@gmail.com **Website:** www.kingsfoodbank.org.uk
Opening hours: Tuesday, Wednesday and Friday 12.00-3.00pm
Part of King's Church Kendal, Registered Charity No. 1129426

More Thank You's

A HUGE thank you to Wattsfield Youth Football Club & the Manager, Andrew for an amazing fundraising night for the Football Club & King's Food Bank. We are so grateful to you & everyone who was there for the £1,250 you raised for us. This will feed around 28 people for a minimum of 5 days with 3 meals a day. Please know that everyone who contributed made a difference to someone who is struggling to put food on the table for many reasons.
We really appreciate your support.



A HUGE THANK YOU TO ASDA FOUNDATION!

We are incredibly grateful to for awarding King's Food Bank a generous £1,000 grant.

This funding will be used to purchase essential food items for people experiencing homelessness (rough sleepers) in Kendal.
It will enable us to provide a range of practical food options, including meals and food items that can be prepared simply by adding hot water from a kettle – as well as ready-to-eat foods that require no preparation or cooking and can be enjoyed straight away.

These carefully chosen items, that take into account people's dietary needs, will help ensure that people who may not have access to cooking facilities can still have something nourishing and convenient to eat.

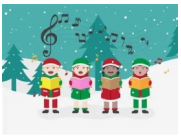
This generous grant will make a real difference to people facing homelessness in our local community, helping us provide practical support, care and dignity.

Thank you ASDA Foundation for supporting our work and helping us make a positive difference in Kendal.

Christmas is coming ...



Hope we see you there.
From
The Food Bank Team!





Winter at Sizergh Castle

A big thank you to the National Trust at Sizergh Castle for donating some tickets for us to give out to enable some of our families to visit their enchanting trail of light and sound installations experience around Sizergh's grounds and make magical memories this winter.

National Trust



Happy Christmas & A Blessed New Year

As we reflect on the past year, we have enjoyed building closer working relationships with our referral agencies, looking to provide even better provision for our service users. We have also added to our volunteers by having a couple of people to chat to the service users when they collect their food, again, adding to our service, to help those who are in crisis situations.
BUT, we couldn't do any of this without our very generous donators who give their time, finances and prayer support so faithfully.
We want to take this opportunity to say thank you & how much we appreciate you even though there are many of you we don't know personally. Your faithfulness has enabled us to confidently carry on providing for those in our communities. Who knows what 2027 will bring for these people, but we know that with your support, in whatever expression, together we can make a difference.
May you have a blessed time during the festive period & we look forward to working with you again in the New Year.

From Lynne, James & Ligia

Volunteer Bank

A huge THANK YOU to our volunteers who serve us so loyally every week. We have a great team of lovely people who volunteer in so many ways.
If you would like to be added to the bank of Volunteers, enabling us to call on you during busy times, sick leave and staff/volunteer holidays, please get in touch.
There is a range of help needed from sorting stock, packing bags of food for our clients to going out delivering to our clients. We are also looking for people to chat with our clients collecting their food from the Food Bank for about an hour, usually 3-4pm. Contact the Food Bank and ask for Lynne.
We would require 2 references and a signed confidentiality agreement before adding you to the bank.

Shopping List

Pesto
Tinned Fish
Meat in Sauce
Small jars of Coffee
Corned Beef
Micro Wave Rice
Instant Pasta
Pasta Sauce
Tinned Veg
Instant Noodles
Tinned Soup
Dried Pasta

URGENT REQUEST

We make our deliveries in bags for life and like to recycle bags wherever possible. Do you have any clean bags for life which are not needed? The bags don't have to be new just clean and in good condition. They can be left in any of our donation points.

"I was hungry and you gave me food,
I was thirsty and you gave me a drink,
I was a stranger and you welcomed me"
Matthew 25 v. 35