

**Reaching out to the community in crisis situations**

“From the cradle to the grave” is an expression heard many times I’m sure, but do we know where the saying came from?

Churchill, the leader of the Conservative Party, coined the phrase ‘from the **Cradle to the Grave**’ in a radio broadcast in March 1943 to describe the need for some form of social insurance to give security to every class of citizen in the state.

The food bank can be considered such security for many people, indeed during these past few weeks we have seen both the beginning and end to life. We have been supporting a terminally ill lady and her daughter, sadly the lady has now passed away. We have heard from the daughter that the care shown to both her Mum and herself, by adding a few little extra items in the deliveries during an especially difficult time, were appreciated and her Mum felt we really cared for her as a person and felt she wasn’t just a number.

At the beginning of life there can be difficult times too and we have also been able to help and support a family in such a time. When baby arrives early and needs extra care in the neonatal unit in hospital it can be an expensive time for parents. Fuel costs for travelling to hospital daily to check on the new born taking essential items plus parking fees put an extra strain of already limited finances and we again are pleased to be able to help.

Two different families and two different situations but certainly opposite ends of time here on earth!



For anyone shopping in Morrison's in Kendal who would like to make a purchase to support the food bank these **Pick Up Packs** make life so much easier. Just pick up a pack and pay for it at the checkout.

Our thanks to Kirsty, Community Champion at Morrison's for filling these bags. Kirsty consults with the food bank regularly to check items needed which ensures we receive items required.

We have good stocks of pasta, baked beans, soup and breakfast cereal and are fast running out of storage space. If you wish to donate food to the food bank useful items are sponge puddings, tins of rice pudding, instant noodles, tins of custard and meat in sauce. We would be pleased to receive any items on our needed list. Thank you.

**BOOTH'S**

Our thanks to Booths Supermarket for the Financial donation received by the food bank.



NFU Mutual in Kendal won a financial prize through Sbs Insurance which they donated to the food bank. Thank you for considering your local foodbank to receive this.



YWCA Kendal Ltd have supported the food bank over a period of time with financial donations and we take this opportunity to thank the Trustees for their support.

2021	NUMBER OF REFERRALS RECEIVED	ADULTS PROVIDED FOR	CHILDREN PROVIDED FOR	MEALS SUPPLIED
YEAR TO END OF MAY	564	761	577	20,070



Baywind Energy Community Trust donated a quantity of low energy light bulbs and spots with the request they be “spread far and wide”. We do still have a selection left. They are free and available to anyone, just call into the food bank during our opening hours.

## KITCHEN PACKS!

So far this year we have been able to purchase 14 kitchen set up packs to give out when someone is moving out of a local hostel. If requested food can be included. Cleaning materials are also added.

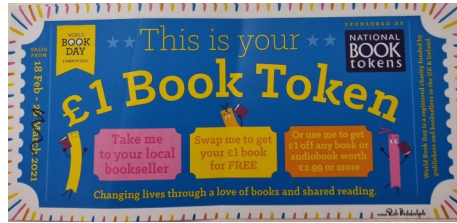
A recent ‘thank you’ received:

*“Yesterday I received a wonderful package of donations from you in advance of my move to my new home. I would like to thank you for this lovely surprise which will be a real help as I take my first steps towards a new life.”*

**“I was hungry and you gave me food,  
I was thirsty and you gave me a drink,  
I was a stranger and you welcomed me”**

Matthew 25 v. 35

## WORLD BOOK DAY



£1 Book Tokens to be spent at Waterstones to recognise World Book Day were given to the children. The book tokens were shared with the food bank by Kendal Library.



We thank our volunteers for all the hours they spend either collecting donations, sorting and dating items, stacking shelves, putting together food to be distributed or taking out deliveries. We truly could not operate without you all. Thank you!

Our thanks to everyone who contributed to the online fundraising set up by **Jogging Pals**. Your support is very much appreciated.



Thank you to South Lakeland District Council for their recent financial donation in support of the food bank.